Growing Whole Disciples

Jesus calls us to follow Him with our whole lives.

At **Pines Bible Camp**, we believe discipleship is about more than learning Bible stories or memorizing verses. God is transforming every part of who we are.
That's why, every week, *Rooted* intentionally helps your family grow in three areas: your head, your heart, and your hands.

📖 Head

Knowing God's Truth
God changes the way we think through His Word.

Each month your family will memorize Scripture, meet Jesus through the Gospel of Mark, explore a monthly Bible passage, learn a historic catechism question, and discover more about who God is.
As our minds are renewed by God's truth, we begin to see the world through His eyes.
Do not be conformed to this age, but be transformed by the renewing of your mind… -Romans 12:2

❤️ Heart

Loving God More
God desires more than outward obedience. He wants our hearts.

As we worship together, pray together, sing hymns, and reflect on God's goodness, the Holy Spirit shapes our desires so that we love what God loves.
Love the Lord your God with all your heart… -Matthew 22:37

🤝 Hands

Living Out Our Faith
Following Jesus changes the way we live.

Each week, your family will be encouraged to put God's Word into practice through everyday acts of obedience, service, hospitality, forgiveness, generosity, and love.
Our faith isn't meant to stay in our heads—it is meant to be seen through our actions.
Be doers of the word and not hearers only. -James 1:22

As God shapes your **head**, **heart**, and **hands**, He is making you more like Jesus.
That is our prayer for every family who uses *Rooted*.

The Weekly Rhythm

One of the best ways to build lasting habits is through simple, consistent rhythms. Rather than asking your family to do something completely different every day, *Rooted* follows the same weekly pattern each month. As your family becomes familiar with the rhythm, these activities will become a natural part of your week.

Don't worry if you miss a day. Simply pick up where you left off. The goal isn't perfection—it's faithfully following Jesus together, one small step at a time.

Every week, *Rooted* follows the same simple rhythm to help your family grow in God's truth (**Head**), love for God (**Heart**), and everyday obedience (**Hands**).

📖 **Memorization Monday** - Hide God's Word in Your Heart
Read your monthly memory verse together. By the end of the month, your family will have hidden one more passage of Scripture in your hearts. Optional verses are available if your family would like to memorize more than one verse a month.

✝️ **Meet Jesus Tuesday** - Know Jesus Better
Read one chapter from the Gospel of Mark each week.
Ask:

- What does this teach us about Jesus?
- What does Jesus say or do?
- How should we respond?

🎵 **Worship & Prayer Wednesday** - Lift Your Hearts to God
Listen to the hymn of the month, reflect on one of its truths, and spend a few minutes praying together.
Each week you'll pray for a different focus:

- Your family
- Your church
- Missionaries and those who need Jesus
- Thanksgiving and praise

Allow worship and prayer to shape your hearts and draw you closer to God.

❤️ **Together Thursday** - Talk About Truth
Use the weekly conversation question and spend a few minutes learning the monthly catechism question together.
These simple conversations help children connect biblical truth with everyday life.

👣 **Follow Friday** -Live What You've Learned
Read this week's theme passage together. Ask the application questions. Then choose one practical way to live out God's Word during the coming week.
Small acts of obedience become lifelong habits.

🤝 **Serving Saturday** - Love Your Neighbour
Look for an opportunity to put yesterday's lesson into action by serving someone else.
Whether it's encouraging a friend, helping a neighbour, showing hospitality, or meeting a practical need, serving reminds us that following Jesus always leads us toward others.

⛪ **Worship Sunday** - Gather With God's People
Worship with your church family. After church, talk together about something you learned from God's Word and thank Him for His faithfulness throughout the week.