ROOTED

GROWING DEEP ROOTS • BEARING LASTING FRUIT

OCTOBER 2026

Living with Gratitude

Character Trait: Thankfulness • Spiritual Habit: Giving Thanks Daily

PARENT GUIDE & RESOURCE LIBRARY

MEMORY VERSE
1 Thessalonians 5:16–18
Always be joyful. Never stop praying. Be thankful in all circumstances.

CATECHISM QUESTION 2
Q. What authority from God directs us how to glorify and enjoy Him?
A. The Bible, the Word of God, made up of the Old and New Testaments.

HYMN
Now Thank We All Our God
Listen together as a family each Wednesday.

FAMILY PHRASE
"Every good gift comes from God."

	MEMORIZATION MONDAY	MEET JESUS TUESDAY	LISTEN & PRAY WEDNESDAY	TOGETHER THURSDAY Catechism	FOLLOW FRIDAY Read + Discuss	SERVING SATURDAY	WORSHIP TOGETHER SUNDAY
WEEK 1				1 Catechism Question 2 **Word:** Authority **Focus:** Where do we learn how God wants us to live?	2 Read James 1:16–18 **Discussion:** Where do good gifts come from?	3 Show Gratitude to Someone	4 Worship Together
WEEK 2	5 1 Thess. 5:16–18 or James 1:17	6 Read Matt. 14:13–21 **Discussion:** What did Jesus do before the food was shared?	7 Listen to *Now Thank We All Our God* Pray for Your Family	8 Catechism Question 2 **Word:** Bible **Focus:** How does God's Word teach us true thankfulness?	9 Read Deut. 8:6–18 **Discussion:** Why must we not forget the Giver?	10 Thank Someone who has helped your family	11 Worship Together
WEEK 3	12 *Thanksgiving* 1 Thess. 5:16–18 or Psalm 100:4–5	13 Read Luke 7:36–50 **Discussion:** Why was the woman so thankful to Jesus?	14 Listen to *Now Thank We All Our God* Thank God for answered prayer	15 Catechism Question 2 **Word:** Word of God **Focus:** How does the Bible help us know what to thank God for?	16 Read Luke 17:11–19 **Discussion:** Why did only one come back?	17 Thank Someone you appreciate	18 Worship Together
WEEK 4	19 1 Thess. 5:16–18 or Col. 3:15–17	20 Read John 6:1–13 **Discussion:** What did Jesus do before the miracle?	21 Listen to *Now Thank We All Our God* Pray through a hard circumstance	22 Catechism Question 2 **Word:** Truth **Focus:** What stays true when our feelings change?	23 Read 1 Thess. 5:12–24 **Discussion:** What does it mean to give thanks in every circumstance?	24 Encourage Someone in a hard season	25 Worship Together
WEEK 5	26 1 Thess. 5:16–18 or Psalm 107:1	27 Read Luke 22:14–20 **Discussion:** Why is Jesus our greatest reason for gratitude?	28 Listen to *Now Thank We All Our God* Thank God for what He taught your family this month	29 Catechism Question 2 **Review** **Focus:** What did we learn this month?	30 Read Col. 3:12–17 **Discussion:** How should gratitude shape our lives?	31 **Rooted Family Night** Gratitude Celebration	

Rooted Family Night

- Share a meal or fall treat.
- Play a fun family activity.
- Say the memory verse, catechism, and hymn together.
- Talk about Head • Heart • Hands: What did we learn? How did God change our hearts? How did we live differently?
- Pray together and thank God for October.

KNOW CHRIST • LOVE CHRIST • FOLLOW CHRIST • SERVE CHRIST

"Let your roots grow down into him, and let your lives be built on him." COLOSSIANS 2:7